

Delivery of the bowl: Holding the bowl in the palm of your hand and with an underhand motion towards your target, let the bowl roll off your finger tips as close to the ground as possible. Do Not throw the bowl in the air and let it bounce on the lawn, as it will damage the playing surface. Also, bouncing the bowl will take the energy out of the delivery and make it difficult to get the bowl to the jack. A smooth rolling delivery makes it easier for the bowl to reach your target.

The Challenge: Bowls is a game of strategy; the configuration of the bowls around the jack is different with each bowl played; if the jack is moved, it is a whole new game without the end being played. The condition of the playing surface, the length of the grass, its density, the amount of watering and whether or not the green has been rolled, all play a significant role and effect play. The mastery of all these factors is the challenge of the game.

Longleaf Bowl & Wicket Club's schedule is as follows:

Monday	1:00-3:00	Ladies
Tuesday	1:00-3:00	Gentlemen
Wednesday	11:00-1:00	Ladies
Thursday	1:00-3:00	Gentlemen
Friday	3:30-5:00	Wine & Wickets
<i>Every other Friday starting Nov. 19, 2005</i>		
Saturday	OPEN	
Sunday	2:00-4:00	Couples

Park at the clubhouse and take a cart to the court found on Hole #3.

Sign up for croquet & lawn bowling in the pro shop.

Longleaf Golf & Country Club
10 N. Knoll Road, off Midland Road
Southern Pines, NC 28387

PO Box 1711, Pinehurst, NC 28370

(910) 692-6100
www.LongleafGolf.com

A Guide to Lawn Bowling



Longleaf
Bowl & Wicket Club

Southern Pines, NC

Game of Bowls is played on a bowling green that is usually 120' square surrounded by a sand filled ditch. The green is subdivided into 8 individual areas that are called rinks. Each rink is approximately 14' wide by 120' long.

Objective of the game is to position your bowl or your team's bowls as close as possible to the white ball, called a jack; or to prevent your opponent from doing the same by either blocking the path of his bowl to the jack, or moving the jack; or dislodging your opponents bowls that are nearest to the jack.

Equipment needed for a game includes a matched set of 4 bowls, a jack, 2 mats, 4 corner markers and 2 center markers.

Types of Games:

Singles

1 bowler per team—4 bowls per bowler

Pairs

2 bowlers per team—4 bowls per bowler

Triples

3 bowlers per team—3 bowls per bowler

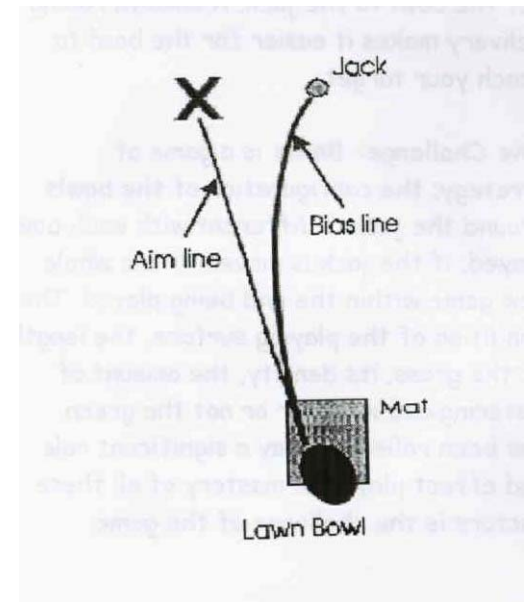
Fours

4 bowlers per team—2 bowls per bowler

Scoring: The individual or team who has a bowl nearest to the jack scores one point for that bowl, and an additional point for each bowl closer to the jack than the nearest bowl of their opponent. When all bowlers on both sides have delivered their bowls in one direction, the score is tallied and recorded; this constitutes an end. The game consists of a specified number of ends decided upon prior to the start of the game. A running score is kept and the team with the highest number of total points is declared the winner.

Playing the Game: A coin toss determines which team will control the mat. The lead bowler sets the mat on the ground on the centerline at least 6 1/2 feet from the edge of the rear ditch. The bowler stands with at least one foot on the mat and delivers the jack. The jack is centered on the rink. This action will determine the length to which other bowlers will have to roll their bowl. The first bowler will then deliver a bowl and then the opponent will deliver a bowl, alternating turns until all their bowls are delivered. If it is a team game, the bowlers then exchange places with their team members at the opposite end of the rink; and the next set of bowlers deliver their bowls. When all bowlers have delivered all their bowls, the score is tallied to complete an end.

Bowls are not spherical and do not roll straight; the sides of the bowl are slightly flattened and are impressed with logos. The smaller of the two logos on the flattened sides of the bowl is referred to as the bias side. It is towards the side with the bias that will draw the path of the bowl in a sweeping arc. The bowl will break from 2 feet to 4 feet.



Holding the Bowl: The proper way to hold the bowl is to place the largest diameter in the palm of your hand with the logos facing right and left. If the smaller logo is facing the right, the bowl will arc to the right. If the smaller logo is facing to your left, the bowl will arc to the left.